

## **2022 INDOOR SOCCER LEAGUE**

## **RULES/GUIDELINES:**

- **TEAM ROSTER**: Minimum of 4 players, maximum of 8 players. All players must play at least 50% of the game. No goalkeeper
- **TIME LIMIT:** two 15-minute halves (ages 6-8), two 20-minute halves (ages 9+), 3-minute halftime. Running clock except for injuries and at the discretion of the referee.
- **GOAL BOX:** a designated area 5x11ft will be boxed off in front of each goal. (8u will use the free throw top of the key arc) A ball may not be played in this area by either an attacking or defending player. If an attacking player plays the ball in this area, a goal kick is awarded. If a defending player plays the ball in this area, a goal may be award if "**In the opinion of the referee**", the ball would have entered the goal had the defender not played it. If "**in the opinion of the referee**", the ball would have gone wide of the goal, a corner kick will be awarded.
- SHINGUARDS, SHOES, and SHIRTS: must be worn at all times. Jewelry should be removed.
  - Shin guards are mandatory. They should
    - be covered entirely by the stockings
    - Be made of rubber, plastic or a similar approved material
    - provide a reasonable degree of protection
  - Indoor Soccer or gym shoes are mandatory
    - Absolutely no cleats are to be worn in the gym
- **SUBSTITUTIONS**: may be made "on the fly". Free substitutions are allowed throughout the game. The player leaving the field must have both feet off the field before another is allowed to enter the field.
- KICKOFFS: referee will signal the start of play. Kick does not have to go forward.
- **OPPONENT DISTANCE:** 10ft for all free kicks, kick-ins and restarts.
- NO SLIDE TACKLES: if the violation is serious enough or warning is not followed, the player may
  be sent off. Sliding to block a pass/shot or to keep a ball in play is allowed if no other players are
  in the vicinity. Players go to ground at their own risk. Contact does not have to be made in order
  for a foul to be called.
- THREE LINE PASS: (10u and above) a ball may not cross the defensive zone, midfield line and
  attacking zone in the air without being touched by another player. The ball does not have to touch
  the ground in order for a three line pass to be called. The restart will be a direct free kick from the
  middle of the defensive zone line.



- SOCCER BALLS: Size 4 Futsal will be used during all games
- Any minor injuries involving blood must be covered by a Band-Aid or other suitable covering. Referee must stop the game and the player must leave the field until the wound is covered.
- **FOULS:** always results in a direct kick. Any foul with 10 feet of the goal area may be moved back to allow proper distance to be given by the defending team. Taken from the spot of the infringement or on the line of the penalty area nearest the infringement
- **GOAL KICKS:** ball placed anywhere on the goal box. It is not allowed to score directly from a kickin: the goal is valid only if someone else touches the ball before it enters in goal.
- NO THROW-INS: ball placed on the touchline and kicked to a teammate. \*\*Kick-ins are indirect\*\*
- **CORNER KICKS:** no restrictions
- **HEADING:** U8 & U10 will not be allowed to head the ball. U12 and above may head the ball as long as they are not playing in a dangerous manner
- OFFSIDE: There are no offside violations.

**Ceiling:** If the ball hits the ceiling or other object, the team that did not touch the ball last restarts play with a kick-in from the nearest point on the touchline.

**Goal scored:** A goal is scored when the whole of the ball passes over the goal line, between the goalposts and under the crossbar, provided that no infringement of the Futsal Laws of the Game has been committed previously by the team scoring the goal.

#### **Fouls and Misconduct**

- **Direct Free Kicks:** When a player kicks or attempts to kick an opponent, slide tackles an opponent or slides with an opponent near (automatic yellow card/caution), jumps at an opponent, charges at an opponent, strikes or attempts to strike an opponent, pushes an opponent, holds an opponent, spits at an opponent, or handles the ball deliberately.
- **Yellow Card / Caution:** The offending player is shown a yellow card. If a player earns two yellow cards in a match, he is shown a red card.
  - Yellow Card Offences:
    - Unsporting behavior Dissent by word or action Persistent infringement of the
       Futsal Laws of the Game Delaying the restart of play Failure to respect the
       required distance when play is restarted with a corner kick, free kick or kick-in



(defending players) • Entering or re-entering the pitch without the referees' permission or in contravention of the substitution procedure • Deliberately leaving the pitch without the referees' permission

A substitute is cautioned if he commits any of the following four infringements: •
 Unsporting behavior • Dissent by word or action • Delaying the restart of play • Entering the pitch in contravention of the substitution procedure

#### • Red Card / Ejection:

- The offending team plays down for two minutes unless scored upon before the two-minute penalty expires. The offending player serves a minimum one-match suspension.
- Sending-off offences A player or substitute is sent off if he commits any of the following seven offences: Serious foul play Violent conduct Spitting at an opponent or any other person Denying the opposing team a goal or an obvious goal scoring opportunity by deliberately handling the ball Denying an obvious goal scoring opportunity to an opponent moving towards the player's goal by an offence punishable by a free kick or a penalty kick Using offensive, insulting or abusive language and/or gestures Receiving a second caution in the same match A substitute is sent off if he commits the following offence: Denying a goal or an obvious goal scoring opportunity
- CAUTIONS, EJECTIONS: players may be asked to sit out if a caution-able offense has been committed or ejected from the game if the violation is more serious.

#### **Specialty Rules:**

- U10 will play the full length of the court. U8 will be the only division playing free throw line to free throw line
- Kick-ins & goal kicks are indirect
- Sliding for a ball is allowable if no players are in the vicinity of the sliding player. A player does not have to make contact for a sliding foul to be called.
- Tie games will go to a 4-minute golden goal overtime. If the game is still tied at the end of 4-minutes, the result of the match will be considered a draw.



#### COACHES CODE OF CONDUCT

No coach, player or spectator may approach the referee or gym staff before, during or after the game in an aggressive or abusive manner, verbally or physically. **The first violation** will result in <u>a written warning and possible suspension from the next scheduled game.</u> **The second violation** will result in <u>dismissal from his/her coaching/player duties.</u>

- 1. If a player/coach is ejected from the game, he/she will be suspended for the next game and may be subject to further disciplinary action.
- 2. The player must serve his/her one game suspension by <u>sitting</u> on the bench with teammates for the entire game.
- 3. In the event that a coach's behavior contradicts the purpose of the league, (to teach basics of basketball as well as **exemplify a positive role model**) the coach will be dismissed from his/her coach's duties.
- 4. No coach, player or spectator shall:
  - a. Disrespectfully address or physically confront an official or Club Staff.
  - b. Attempt to influence an official's decision

**Coach's Print Name** 

- c. Use profanity
- d. Disrespectfully address or bait an opponent, coach, player or Club staff
- e. Object to an official's decision by rising from the bench or using gestures
- f. Incite undesirable crowd reactions
- g. Yell at or mistreat a player, referee, another coach, parent or Club staff
- 5. Coaches will always wear their *Coach* shirt while coaching.

I have completely read and understand the rules put fort	h by the Boys & Girls Clubs of the Coastal Bend.
I understand that as a coach I am responsible for myself	, my players, and my fans.
Coach's Signature	 Date
educii 3 3 gilatare	Jule

**Team Name & Division** 

Coach T-Shirt Size:	
---------------------	--

### **Individual Volunteer Application**

3902 Greenwood Dr. Corpus Christi, TX 78416

Telephone: (361) 853-2505 website: www.bgccb.org

Thank you for your interest in volunteering for our organization. In order to volunteer you must complete the following: volunteer application, background check, & code of conduct. After completion of your application, please submit to front desk at the Club you wish to volunteer. It is the responsibility of the Club Director within 3 business days to turn your application into the Admistrative office. After payment of \$5 and receipt of paperwork is received by our Administrative Office - allow five plus (7+) business days for processing before hearing back regarding your placement status. PLEASE NOTE: MUST PROVIDE TWO FORMS OF ID (Driver's License, Social Security Card, Valid Passport)

MARK THE VOLUNTEER AGE RANGE THAT YOU FALL IN:						
Adult Volunteer (18 & Up) Teen Volunteer (15 yrs- 17 yrs. – age of 15+ preferred for volunteer placement						
VOLUNTEER NAME:		DATE:				
MAILING ADDRESS:		APT#:				
CITY: STATE:		ZIP:				
MAIN PHONE #: PHONE TYPE?	- LANDLINE OR CELL	OTHER PHONE #:	PI	HONE TYPE? –	LANDLINE	OR CELL
***EMAIL ADDRESS REQUIRED:		DO YOU ACCEPT T	EXT MSGS?			
		ı				
PRESENT OCCUPATION:	EMDL OXED C NAM	ъ.	CLIDEDA	TCOD'S NAM	Π.	
TITLE:	EMPLOYER'S NAM	L:	SUPERV	ISOR'S NAM	L:	
EDUCATION:						
	9 10 11	12 H.S. Dip		me College	College D	egree
School:	Diploma:		Major/ M	linor:		
	1					
REFERENCES: (Please limit no more than one re		er):				
1) Name:	Relationship:		Phone &	Email:		
2) Name:	Relationship:		Phone &	Email:		
3) Name:	Relationship:		Phone &	Phone & Email:		
PREVIOUS VOLUNTEER WORK OR WORK WI	-	describe.				
Where & What?	When?		Contact N	Vame & Phone:		
PREVIOUS BOYS & GIRLS CLUBS EXPERIENC	Œ:					
HAVE YOU EVER VOLUNTEERED WITH THE BOYS & GIRLS CLUBS OF THE COASTAL BEND BEFORE? If yes, give project Yes No information,					No	
dates, and location:  HAVE YOU EVER BEEN A MEMBER OF THE BOYS & GIRLS CLUBS BEFORE? If yes, explain:  Y			Yes	No		
100						
HOW DID YOU HEAR ABOUT THE BOYS & GIRLS CLUBS OF THE COASTAL BEND?						
WHY DO YOU WANT TO VOLUNTEER WITH THE BOYS & GIRLS CLUBS OF THE COASTAL BEND? What motivates you?						
A DE VOLD HOUDE COMOON DELATEDO. DE 11 C. 1 C. 1 C. 1						
ARE YOUR HOURS SCHOOL RELATED?: Please briefly describe.  HIGH SCHOOL OR COLLEGE & NAME? SERVICE HOURS/ SERVICE LEARNING? # OF HRS DATE & TIME FOR COMPLETION						

ONE- TIME:	W	EEKLY:	M	NTHI V.	(	SEASONAL:	
Monday		Tuesday	Wednesda	MONTHLY: Industry Thursday		Friday	
Monday		Tucsuay	weunesua	y	Thursday	FIMAy	
WHICH BOYS & GIRLS CLU	UBS LOCAT	TON WOULD BE T	HE MOST CONVEN	NIENT FOR YOU?	Please circle one.		
Greenwood Unit-3902 Greenwoo							
IS THERE A PARTICULAR	GROUP YO	U ARE INTERESTE	D IN WORKING W	ІТН?			
Mark all that apply:			10.10	10.15	16.10	LATE INCIDE	
Males Fo	emales	6-9	10-12	13-15	16-18	Adults only- No Children on site	
PLEASE LIST YOUR H	OBBIES	& INTEREST:					
LEASE INDICATE TH	E TYPE O	F ACTIVITY Y	OU ARE INTER	ESTED IN:			
ΔTutoring & Homework Help- s	pecify interes	t(s)	Δ	ΔSpecial Interest Classes/ Teaching a Hobby- specify			
AComputers/Technology or Other	er Educational	1 Activity- specify	Λ:	Special Event/ Public	Speaking/ Fundrais	sing- specify	
ΔComputers/Technology or Other Educational Activity- specify			ΔSpecial Event/ Public Speaking/ Fundraising- specify				
ΔCareer/ Leadership/ Character	areer/ Leadership/ Character Development- specify		Δ	ΔOffice/ Clerical Work- specify			
ΔArts & Crafts/ Cultural Awarer	ness- specify		Δ:	ΔService Project/ Clean-up/ Maintenance- specify			
ΔAthletics/ Health & Fitness- sp	ecify		Δι	ΔOther- specify			
<b>ΔCommunity Service Only</b> : □M							
Must provide court order paper	work-Not gua	ranteed& will not wo	rk w/ youth				
		VOLUNTEER	COMMITMENT AN	D LIABILITY RELI	EASE		
Bend (BGC-CB); (3) to abide instructors, clients, and volunt I have read and understand the	by all (BGC) eers from an his policy. I u	C-CB) policies, rules by liability for loss or nderstand that appro	s, regulations, and s injury to myself or proval of this application	standards of condu roperty which may on allows me to volu clearance in order to	ct (4) release the occur due to my ne inteer with the (BC	e Boys & Girls Clubs of the Coasta (BGC-CB), its employees, leaders egligence or other acts of omissions GC-CB) throughout one membership with any B&GC of the Coastal Bend	
,	oting volunte	eerism and/or the (B	h, exhibit or distribution (GC-CB) programs,	ute photographs, vill have the authoriz		vritten testimonies of myself for the rights or claims I may have agains	
> SIGNATURE OF VOLUN	ΓΕΕR:				DATE	<u> </u>	

The Boys & Girls Clubs of the Coastal Bend is an equal opportunity employer, as required by local, state and federal laws. While not legally obligated to comply with certain federal and state laws, the Boys & Girls Club is committed to the spirit of all applicable laws and regulations relating to equal opportunity in hiring its employees, as well as selecting its volunteers. To this end, it is the club's policy not to discriminate against any individual in any manner prohibited by law. "The Club will not tolerate any form of harassing conduct that is based upon an individual's race, color, religion, sex, age, national origin, disability, marital status, veteran status, [sexual orientation] or other protected status. For these purposes, the term "harassing conduct" includes, but is not limited to, slurs, jokes, or other verbal, graphic, or physical conduct relating to an individual's race, color, religion, sex, age, national origin, disability, marital status, veteran status, [sexual orientation] or other protected status. The term harassing conduct also includes sexual advances, requests for sexual favors and other conduct of a sexual nature."

*_PLEASE DO NOT WRITE BELOW THIS LINE-CLUB/OFFICE USE ONLY_ *  Received by & Initials:  Date Submitted to Admin:					
Date Received by Club:	Date Received by Admin:				
Date Reference Check Done (by Club Director) attach forms to this packet!:	Date of Interview (Club Staff):				
Interviewed by (Club Director/Program Manager):	Date Background Check Done (by Admin):				
Background Check Approval yes No Club Director Signature Date  Director of Program Operations Signature Date Chief Executive Officer Signature Date	Admin Signature:				

#### **VOLUNTEER CONSENT**

# FOR CRIMINAL BACKGROUND HISTORY CHECK AUTHORIZATION/ WAIVER/ INDEMNITY

\*NOTE: If you are 17 years of age or younger only fill out your Name and Date of Birth. ~ If you are 18 yrs or older complete ALL data requested below & sign or it will prevent processing ~

"I hereby give my permission for the Boys & Girls Clubs of the Coastal Bend, Inc. to obtain information relating to my criminal history record as received through the State of Texas and/or any other background screening organizations. The criminal history record, as received from the reporting agencies, may include juvenile offenses, arrest and conviction data, as well as plea bargains, deferred adjudications, and motor vehicle reports. I understand that this information will be used, in part, to determine my eligibility for employment or volunteer position with this organization. I also understand that as long as I remain in employee or volunteer here, the criminal history records check may be repeated at any time. I understand that I will have an opportunity to review the criminal history and a procedure is available for clarification, if I dispute the record as received.

I, the undersigned, do, for myself, my heirs, executors and administrators, hereby remise, release and forever discharge and agree to indemnify The Boys & Girls Clubs of the Coastal Bend, any other organization, and each of their officers, directors, employees, and agents harmless from and against any and all causes of actions, suits, liabilities, costs, debts and sums of money, claims and demands whatsoever, and any and all related attorneys' fees, court costs, and other expenses resulting from the investigation of my background in connection with my application to become a volunteer."

TYPE OR PRINT VOLUNTEER NAME*	SOCIAL SECURITY NUMBER			
	/			
DRIVER LISCENSE # AND STATE ISSUED	DATE OF BIRTH*			
( ) -	CENTRER			
HOME PHONE	GENDER RACE			
ADDRESS (Physical address- no PO Box please)	APT#:			
CITY	ZIP CODE:			
<u>Please answer the following question:</u>				
Have you ever been convicted of, pled guilty to, and/ or pled "nolo				
but not limited to the theft, banking, fraud, drug and/ or alcohol- related offenses, assault, sex related or child abuse related offenses, etc?)* YES No				
(ic:) 1E3 110				
If yes, please explain (State, date, court, type of crime, place off occurrence, disposition):				
"I declare that all the above information is true and accurate to the best of my knowledge."				
> SIGNATURE OF VOLUNTEER:	DATE:			
, profite cam of a continue.				

\*NOTE: Conviction of a crime will not necessarily disqualify you for placement. Each conviction will be judged on its own merit with respect to time and relatedness to volunteer job. If you have any questions or concerns about our placement process - please ask for our Administrative Manager of Operations at 361-853-2505. Thank you



# Volunteers Code of Conduct

This agreement is intended to indicate the seriousness of your service in the Boys & Girls Clubs of the Coastal Bend. The intent of the agreement is to assure you of our deep appreciation for your service, to indicate our commitment to do the very best we can to make your volunteer experience here a productive and rewarding one, and provide a safe, positive environment for Club members and staff.

- 1. In order to protect Boys & Girls Clubs of the Coastal Bend, volunteers and program participants, at no time during a Boys & Girls Club program may a volunteer be alone with a single child where he or she cannot be observed by others. As volunteers supervise children, they should space themselves in a way that other staff members and volunteers can see them. If a member is found being unsupervised, the member should be escorted to a supervised area.
- 2. Volunteers shall not abuse children. This includes: physical abuse (strike, spank, shake, slap); verbal abuse (humiliate, degrade, threaten); sexual abuse (inappropriate touch or verbal exchange); mental abuse (shaming, withholding kindness, cruelty); neglect (withholding food, water, basic care, etc.). Any type of abuse will not be tolerated and may be cause for immediate dismissal. Volunteers shall do their part to protect members by reporting any suspicious talk or mention of abuse to Boys & Girls Clubs Staff.
- 3. For safety reasons, members are not allowed to be carried/swung around by volunteers. Please also do not let members sit on you laps or hold hands.
- 4. Volunteers must use techniques of guidance, including redirection, positive reinforcement and encouragement rather than competition, comparison and criticism. Volunteers will have age-appropriate expectations and will create guidelines and environments that minimize the need for discipline.
- 5. Volunteers will respond to children with respect and consideration and will treat all children equally regardless of gender, race, religion, culture, ability, etc.
- 6. Volunteers will respect children's right not to be touched in ways that make them feel uncomfortable and their right to say no. Volunteers should never carry members or allow members to sit on their laps.
- 7. In the performance of their service, volunteers abide by the standards of conduct set forth by Boys & Girls Clubs of the Coastal Bend.
- 8. Volunteers must appear clean, neat and appropriately attired. Out of respect for the club hats and bandanas are not allowed. For safety reasons open-toed shoes are discouraged. A volunteer may be denied for inappropriate dress.
- 9. Using, possessing, or being under the influence of alcohol or illegal drugs is prohibited.
- 10. Smoking or use of tobacco in the presence of children or parents in or around Club premises is prohibited.
- 11. Profanity, inappropriate jokes, sharing intimate details of one's personal life and any kind of harassment in the presence of children or parents are prohibited. Use of cellular devices, and/or Laptops in the presence of children is also prohibited unless approved by appropriate Branch Staff.
- 12. Volunteers must be free of physical and psychological conditions that might adversely affect children's physical or mental health.
- 13. Volunteers will portray positive role models for youth by maintaining an attitude of respect, loyalty, patience, courtesy, tact and maturity.
- 14. Volunteers are not to transport children in club or their own vehicles.
- 15. Volunteers may not date program participants and are strictly prohibited from telephoning club members or meeting them away from the Club.
- 16. Under no circumstances should volunteers release children to anyone other than the authorized parent, guardian, or other adult authorized by the parent or guardian (written parent authorization on file with Boys & Girls Clubs of the Coastal Bend).

- 17. Volunteers are required to read and sign all policies related to identifying, documenting and reporting child abuse and to attend training sessions on the subject, if required by Boys & Girls Clubs of the Coastal Bend.
- 18. Volunteers will act at all times as a member of the team responsible for accomplishing the mission of the Boys & Girls Clubs of the Coastal Bend.
- 19. Volunteers are responsible for maintaining the confidentiality of all propriety privileged information to which they are exposed while serving as a volunteer, whether this information involves a single member of the staff, another volunteer, club member or other person or involves the business of the organization.
- 20. I give my consent to the Boys & Girls Clubs of the Coastal Bend to use photographs, films and sound recordings and/or images of myself for an unlimited period of time as determined by the Club.
- 21. I agree to release the Boys & Girls Clubs, its Officers, directors, agents, managers, employees and their successors and assigns of and from all liability, including liability caused by the negligence of the Club, on account of injury to the person or property which I, my heirs, executors, or administrators have or at any time hereafter may have due to my participation or involvement in any events or activities with the Club.
- 22. The undersigned further states that he/she has carefully read the Code of Conduct, understands the contents, and has signed by his/her own free act.

I certify that (1) I promise to fulfill the commitments made to the Boys & Girls Clubs of the Coastal Bend (BGC-CB); (2) I will abide by all (BGC-CB) policies, rules, regulations, and standards of conduct; (3) I release the (BGC-CB), its employees, leaders, instructors, clients, and volunteers from any liability for loss or injury to the members of our group or property which may occur do to our negligence or other acts of omissions; (4) I authorize the (BGC-CB), without limitation, to copy, publish, exhibit or distribute photographs, video tapes, &/or written testimonies of our volunteers for the purpose of reporting or promoting volunteerism and/or the (BGC-CB) programs. Your signature below verifies that you have read and understand all of the information contained in the Volunteer Code of Conduct. You understand that any violation of this code of conduct may result in termination. Please be sure to contact the program staff from your chosen Club/ location to schedule your orientation; after the orientation if you have any questions please ask at that time.

Volunteer Printed Name	Date	
Volunteer Signed Name	Date	
If Volunteer is under 18 - Signature of parent or Guardian	Date	
Club Staff Signature – Documenting you reviewed with volunteer	Date	
<b>Club Director Signature</b> – for approval to move forward on processing	Date	



# <u>Assumption of the Risk and Waiver of Liability Relating to</u> Coronavirus/COVID-19

The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization. **COVID-19** is extremely contagious and is believed to spread mainly from person-to-person contact. As a result, federal, state, and local governments and federal and state health agencies recommend social distancing and have, in many locations, prohibited the congregation of groups of people.

Boys & Girls Clubs of The Coastal Bend, Inc. (Club) has put in place preventative measures to reduce the spread of COVID-19; however, the Club **cannot guarantee** that you or your child(ren) will not become infected with COVID-19. Further, **attending the Club could** <u>increase</u> your risk and your child(ren)'s risk of contracting COVID-19.

By signing this agreement, I acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that my child(ren) and I may be exposed to or infected by COVID-19 by attending the Club and that such exposure or infection may result in personal injury, illness, permanent disability, and death. I understand that the risk of becoming exposed to or infected by COVID-19 at the Club may result from the actions, omissions, or negligence of myself and others, including, but not limited to, Club employees, volunteers, and program participants and their families.

I voluntarily agree to assume all of the foregoing risks and accept sole responsibility for any injury to my child(ren) or myself (including, but not limited to, personal injury, disability, and death), illness, damage, loss, claim, liability, or expense, of any kind, that I or my child(ren) may experience or incur in connection with my child(ren)'s attendance at the Club or participation in Club programming ("Claims"). On my behalf, and on behalf of my children, I hereby release, covenant not to sue, discharge, and hold harmless the Club, its employees, agents, and representatives, of and from the Claims, including all liabilities, claims, actions, damages, costs or expenses of any kind arising out of or relating thereto. I understand and agree that this release includes any Claims based on the actions, omissions, or negligence of the Club, its employees, agents, and representatives, whether a COVID-19 infection occurs before, during, or after participation in any Club program.

Signature	Date